

Springfield Striders Track Club (SSTC)

Mission Statement

The Springfield Striders is a Youth oriented track and field program located in Springfield, Illinois (central IL). Our goal is to provide a positive structure in track & field, to encourage self confidence, academic excellence, good sportsmanship, and personal responsibility.

Membership is open to all individuals in the Springfield and surrounding communities, ages 6-18.

Springfield Striders has been a USATF-IL registered youth club for past 18 years, and participates in age group competition at the local, state, regional and national level(s)

Our motto: If you can believe it ... you can achieve it!