



# SPRINGFIELD STRIDERS TRACK CLUB

MEMBERSHIP FORM

2017-2018

(membership rates are subject to change)

## FAMILY INFORMATION

PARENT / GUARDIAN NAME:		
CURRENT ADDRESS:		
CITY/STATE/ZIP:		
HOME PHONE:	WORK:	CELL:
E-MAIL:		

ATHLETE #1 NAME:
AGE:
BIRTHDAY:

ATHLETE #2 NAME:
AGE:
BIRTHDAY:

T-Shirt Size	Youth	Adult	2XX or Larger

**MEMBERSHIP FEE:**      **PRACTICE ONLY - \$50.00**      **FULL - \$300.00**

METHOD OF PAYMENT:	CASH	CHECK	MONEY ORDER AMOUNT:
SIGNATURE:			DATE:

# RELEASE FORM

ATHLETE'S NAME\_\_

DATE \_\_\_\_\_

## PUBLICITY RELEASE FORM

I give permission to the Springfield Striders Track Club to use my name or my child's name, picture, or statement for the purpose of promoting, advertising, and raising money for the Springfield Striders Track Club.

\_\_\_\_\_(Initial)

## PARENT'S RESPONSIBILITIES

Parents are important to the success of the athlete and the track club. Therefore, we ask the parents to observe the following guidelines:

- Maintain a positive attitude
- Realize that once an athlete is at a given facility, they are under the supervision /jurisdiction /guidelines of the coaching staff.
- Insure that the athlete is at practice and at meets on time.
- Provide transportation for the athlete to and from practice and meets.
- Remain in the seating area at practice and meets.

\_\_\_\_\_(Initial)

## ATHLETE'S RESPONSIBILITIES

Athletes represent our organization, the coaching staff, their families and themselves. We expect all athletes to observe the following guidelines:

1. Use appropriate language at all times (inappropriate language will not be tolerated).
2. Avoid the use of illegal drugs and alcohol.
3. Respect others and their property.
4. Avoid fighting.
5. Respect coaches and their decisions.
6. Accept constructive feedback.
7. Put forth a 100% effort during practice and meets.
8. BE ON TIME and stay in assigned areas.
9. Eat properly. Junk food (pop, candy, chips, cookies, etc) is not allowed before or during practice or at meets.
10. Attend all practice or at meets.
11. Compete in assigned or designed events.

\_\_\_\_\_(Initial)

## MEDICAL CONDITIONS

No \_\_\_\_\_

Yes \_\_\_\_\_

Medication or Special Attention Required? \_\_\_\_\_

\_\_\_\_\_(Initial)

**WAIVER / RELEASE OF ALL CLAIMS AND HOLD HARMLESS AGREEMENT FOR THE  
SPRINGFIELD STRIDERS TRACK CLUB**

Please read this from carefully and be aware that, in signing up and participating in the Springfield Striders Track Club, you will be waiving and releasing all claims for injuries arising out of this program that you or the registered participant might sustain. The terms, "I", "me", and "my" also refer to parents or guardians as well as the participants in the program. In registering for this program, you are agreeing as follows:

As a participant in the program, I recognized and acknowledge that there are certain risks of physical injury, and I agree to assume the full risks of any injuries, including death, damages or loss which I may sustain as a result of participating in any manner, in any and all activities connected with or associated with such program. I further recognize and acknowledge that all athletic activities involving strenuous exertion or potential body contact are hazardous recreational activities and involve substantial risks of injury.

I agree to waive and relinquish any all claims I may have as a result of participating in the program against the Springfield Striders Track Club, any and all other participating or cooperating governmental units, any and all independent contractors, officers, agents, servants and employees of the governmental bodies and independent contractors, and any and all other persons and entities of whatever nature, that might be directly or indirectly liable for any injuries that I might sustain while participating in the program. (The parties described in the preceding sentence are referred to as "released parties" in the remainder of the agreement).

I do hereby fully release and discharge the Springfield Striders Track Club, and any and all other released parties, from any and all claims resulting from injuries, including death; damages and losses sustained by anyone, and arising out of, connected with or in any way associated with my conduct and the activities of the program.

I further understand and agree that the terms such as "participation", "program" and "activities", referred to in this Agreement, included all exercise and physical movements of any nature while I am participating in the program, and further include the provision of or failure to provide proper instructions or supervision, the use and adjustment of any and all machinery, equipment and apparatus, and anything related to my use of the services, facilities or premises involved in the program.

I understand the nature of the program for which I am registering and have read and fully understand this Waiver, Release and Hold Harmless Agreement. I further understand that any advisement or warnings of the particular risks of this program that I subsequently receive will be incorporated by reference into and become a part of this Agreement.

If under 18 \_\_\_\_\_ Date \_\_\_\_\_  
(Signature of Parent)

\_\_\_\_\_ Date \_\_\_\_\_  
(Signature of Athlete)